

A TICK BITE CAN KILL YOU



TICKS ARE IN URBAN AREAS

You do not need deer around to have Lyme disease
You do not need to be in the woods to get a tick bite

REASONS TO FEAR

TICKS DO NOT DISCRIMINATE

Ticks feed on mammals, reptiles, birds, & amphibians
Ticks bite all ages, genders, religion or sexual orientation

TICKS ARE RELENTLESS

Ticks live for two or more years
Ticks are active year round & survive winter
They seek blood to feed when it's above freezing

LYME IS DANGEROUS

There are stages to Lyme disease, just as with many other diseases. Lyme disease has very serious clinical symptoms that mimic other very serious diseases.



ONE TICK CAN SPREAD MANY DISEASES

Lyme disease	Borrelia Mayonii/Miyamotoi
Anaplasmosis	Meat Allergy/ Alpha Gel
Babesiosis	Pacific Coast Tick Fever (PCTF)
Bartonellosis	Powassan Encephalitis
Bourbon Virus	Rickettsia parkeri
Tularemia	Rocky Mountain Spotted Fever (RMSF)
Q Fever	Southern Tick Associated Rash (STARI)
Ehrlichiosis	Tick-borne Replapsing Fever (TBRF)
Heartland Virus	Tick Paralysis

PROPER TICK REMOVAL

- Do not burn or use any substance on ticks
- Grasp close to skin with tweezers on the head
- Pull tick straight up & out firmly
- Use antiseptic on skin, disinfect tweezers & wash hands thoroughly
- Save tick for testing with date found
- See a doctor after a tick bite
- Always take pictures of your rash to document

PREVENTION

Daily Tick-prevention Methods Help You Lower Your Risk

- Avoid areas oh high grass, bush & trees
- Wear protective clothes; light colors, long pants & sleeves
- Tuck pants into socks
- Wear bug repellent & repellent treated clothing
- Essential oils DO NOT WORK against ticks
- Perform frequent, thorough tick checks on family & pets
- Use tick tubes on your home property



TICK HABITATS

Ticks are not only in the woods
Ticks can be found in many areas:

- Where woods/fields meet lawn & garden
- Wooded areas
- Tall brush/grass
- Under leaves - Leaf piles are a tick's favorite
- Small numbers on cut/raked lawns or sport fields
- Under ground - Cover (plants) in Yard
- Around stone walls & woodpiles (whre mice live)
- School campuses, neighborhoods & parks, backyards